



SPA TREATMENT MENU

Our Spa Team have handpicked a range of relaxing Covid friendly Spa Treatments.
Please see our updated Spa Etiquette on reverse with Guest Safety in mind.

Taster Facial | €45 • 20 Mins

(Suits all skin types)

The perfect introductory facial for an instant skin boost.

Swedish Full Body Massage | €80 • 45 Mins

A full body massage using traditional Swedish movements to promote relaxation, stimulate circulation and ease muscular tension.

Swedish Back, Neck & Shoulder Massage

€45 • 20 Mins

Specifically targeting the back, neck and shoulder areas, where you need it most.

Ultimate Pamper Package | €89 • 45 Mins

- Swedish Back, Neck & Shoulder Massage
- Taster Facial
- Light Lunch + Glass of Wine & Tea or Coffee
- Unwind in the Relaxation Lounge

Not available in conjunction with any other Spa Offer

Timexpert Beauty in-Fusion Facial

€65 • 45 Mins

(Suits all skin types including sensitive skin)

The exclusive cosmetic technology facial treatment where infusion of active ingredients are penetrated into the skin. Our therapist will infuse the skin with the serums most suited to your skin requirements. Your beauty is renewed instantly leaving you iridescent and beautiful.

Vitamin C Facial | €80 • 45 Mins

(Anti-aging facial)

This luxury vitamin C facial takes you into a state of relaxation. Your skin will feel firm and immediately recover a specular youthful appearance. Pure vitamin C and ume extract is introduced to the skin making this a highly recommended 5 star facial. Ume is a fruit with high quantities of protein and minerals than any other fruit.

Hydracure Facial | €70 • 45 Mins

(For dry dehydrated skin)

This is a long lasting, hyaluronic deep nourishing facial that will revive the most dehydrated complexions with immediate and long lasting results.

Advanced Skin Peel | €70 • 30 Mins

Miraculously smooth away fine to moderate lines and wrinkles, acne, age spots, uneven pigmentation and rough skin texture. Improve the appearance of the skin with an intense volume of Hyaluronic acid to repair, hydrate and target fine lines and wrinkles

Refresh Peel Suitable for all skin types.

Skin rejuvenating and moisturising anti aging, lifting and anti wrinkle treatment.

Glow Peel Suitable for skin types with photo damage and hyper-pigmentation.

This deeply exfoliates dead skin cells, activating new healthy cells and inhibits melanin.

Pure Peel Suitable for combination skin with or without acne problems.

Prevents shine and regulates hyperactive sebaceous glands with an anti inflammatory technology.

Reflexology | €70 • 45 Mins

Also known as zone therapy, this is an alternative medicine involving application of pressure to the feet with specific thumb, finger and hand techniques using oil or lotion to help relieve stress and related issues.

Pedicure | €60

Rejuvenate your feet with our relaxing pedicure combining deeply nourishing products to leave your feet soothed and replenished. **Includes:**

Foot Bath, Nail File & Shape, Exfoliation, Hard Skin removal, Cuticle work, Foot Massage & Polish.

Add a **Shellac Polish** to your Pedicure for an additional €10.