

SPA

Lough Ennell, Mullingar, Co. Westmeath

Treatment Menu

ESCAPE TO A CONTROL OF PURE

INDULGENCE
and TOTAL

RECAXALISM

Please arrive 15 minutes prior to your appointment.

To ensure all appointments run smoothly, a late arrival will result in a shortened treatment time and full payment will be taken. Mobile phones must be switched off on entering the Spa and noise kept to a minimum.

Guests under 16 are not permitted in the Spa.

Please note that a Credit Card number is required to confirm all bookings. Some treatments may require a patch test 24 hours prior to the treatment.

48 hours cancellation period is required to help us re-schedule your appointment.

Cancellations made 24 hours prior to your appointment will incur a 50% cancellation charge.

Cancellations made within a 12 hour period or failure to arrive for your appointment will incur a 100% charge.

We recommend that you book Treatments in advance.



Facials

Taster Facial • €55 • 25 Mins Suits all skin types

An introduction to our Germaine de Capuccini facials. This facial includes all the steps of a full facial, condensed into a shorter period of time.

Glycolic Skin Peel • €55 • 25 Mins Suits all skin types

Glycolic skin peel works at the cellular level to diminish fine lines, fade skin spots, increase hydration levels and stimulate cell renewal for youthful looking skin. Add Glycolic Peel to any of 50 minute Facial for €25.

Royal Elixir De-Stress Facial • €90 • 50 Mins

Suits all skin types including sensitive skin
Packed with antioxidants and essential nutrients, Royal Jelly is ideal
for tired and stressed skin. Poria Cocos and Royal Jelly extract help
the skin regain its natural immunity against daily aggression's for a radiant and healthy complexion.

Hydraluronic Facial • €95 • 50 Mins

A cosmetic alternative to aesthetic injections with exalted improvement in the appearance of lines, wrinkles and hydration levels in the skin. A new dimension of hydration is delivered to the skin by exclusive ingredient formulations plumping and adding volume. Hyaluronic acid (HA) is realised to deepest layers of the skin, allowing recovery and preserving of naturally occurring (HA) in the skin. Whilst the slow realise technology delivers and retains moisture reserves for longer lasting effects.

Vitamin C Facial • €95 • 50 Mins Anti-aging Facial

An innovative facial to increase firmness and generate new collagen whilst reducing dark spots and even pigmentation. Incorporating a patented formulation that increases the benefits of Pure Vitamin C by 6 times. To complement the hands-on therapy, a massage ball is utilised to lift facial muscles, realise tension and increase blood flow for the increased flow

O2 Cityproof Facial • €110 • 50 Mins

Oxygenating anti-pollution facial for suffocated skin

This award-winning facial protects and repairs the skin from pollution damage and external stress. Our unique bubble mask releases pure oxygen into the dermal layers to detoxify the cells whilst a second mask activates the skins immune system increasing its defence capability. The skin is left healthy, protected and radiant.

Modern Man Facial • €90 • 50 Mins

For men who want to look sharp and feel energised. Enjoy a deep cleansing, revitalising, detoxifying, soothing and refreshing treatment that works against dryness, wrinkles and signs of premature ageing. This facial can be adjusted to your skin condition.

Body Treatments

Swedish Full Body Massage • €95 • 50 Mins
This traditional full body massage uses light to medium pressure to relax, rejuvenate and revive the body

Swedish Back, Neck & Shoulder Massage • €55 • 25 Mins

A back, neck and shoulder massage is an excellent treatment to soothe away aches, pains and stiffness promoting a deep sense of relaxation and renewed vitality.

Swedish Head, Neck & Shoulder Massage • €55 • 25 Mins

A massage that concentrates on the head, neck, and shoulders, massaging the scalp can help reduce head-regional muscle tension

Reflexology • €80 • 50 Mins

Also known as zone therapy, this is an alternative medicine involving application of pressure to the feet with specific thumb, finger and hand techniques using oil or lotion to help relieve stress and related issues.

Sperience Body Drench Wrap • €90 • 50 Mins
For complete nourishment and hydration for the body. The treatment includes a full exfoliation and wrap which will allow subsequent products applied to penetrate effectively.

Eye Treatments

Crystal Eye Treatment • €50 • 25 Mins Patch with Aqua-gel technology Designed exclusively by Germaine de Capuccini, this aqua-gel patch covers all the wrinkles of the eye contour. It adapts and adheres perfectly to the area to be treated. Add a Crystal Eye Treatment to any Facial for €25.

Make Up Make Up • €50 Add On Strip Lashes • €10

Spa Treatments over 50 minutes include use of Swimming Pool, Thermal Facilities & Relaxation Lounge

PAMPER PACKAGES -

Ultimate Pamper Package

- Swedish Back, Neck & Shoulder Massage
- Germaine de Capuccini Taster Facial
- Hand & Arm Massage
- Unwind in the Relaxation Lounge
- Use of Swimming Pool & Thermal Facilities
- Vunch, a Glass of Wine & Tea or Coffee

Afternoon Tea Pamper Package

- Swedish Back, Neck & Shoulder Massage
- of Germaine de Capuccini Taster Facial
- Unwind in the Relaxation Lounge
- Use of Swimming Pool & Thermal Facilities
- Afternoon Tea and a Glass of Bubbly

Advance Booking Required • T&C apply • Lunch (Main Course) & Afternoon Tea served in main Hotel Total Treatment Time 50 mins • Offers not available in conjunction with any other Spa Offers

OVERNIGHT PACKAGES AVAILABLE

Mon - Thurs €115pp

Mon - Thurs €130pp

Fri - Sun & Bank Hols €130pp

Fri - Sun & Bank Hols €140pp

Signature Treatments

Spa Signature Treatment • €125 • 75 Mins

Experience a relaxing back, neck and shoulder massage combined with a nourishing *Germaine de Capuccini* facial which hydrates, brightens and leaves the skin youthful in appearance.

Ultimate Body Experience

For complete nourishment and hydration of the body. This treatment includes a full body salt exfoliation which removes unwanted dry skin, combined with hydrating oils and lotions leaving the body extremely nourished. Both Treatments include a relaxing massage.

- 75 min · Body Exfoliation Wrap plus Back, Neck & Shoulder Massage · €125
- 90 min Body Exfoliation Wrap plus Full Body Massage €150

Just for Men • €125 • 75 Mins

A face and body treatment to re-energise! A relaxing Back neck and shoulder massage combined with the Men's Facial - the perfect way to unwind. Soothing massage techniques calm the mind and soul, relieving aches and pains from tender muscles. This is followed by a deep cleansing, revitalising and refreshing facial. This recommended treatment is highly relaxing and most effective.

MICRO NEEDLING Pre-consultation required

Face €120 | Face & Neck €150

This treatmen't creates a series of thousands of vertical microscopic channels into the dermis which stimulates the natural production of collagen and elastin, reducing hyper-pigmentation and breaks down scar tissue, enhancing penetration of active ingredients. Accompanying this is *Cliniccare* Skin Products which penetration of active ingredients. Accompanying this is *Cliniccare* Skin Products which penetrate through the top skin layer and reach the dermis layer, helping to replenish natural nourishment, restore cells activity and promote skin health. The result is healthy, glowing and beautiful skin. This treatment includes an Instant Skin Peel, Micro-needling, a 52 Ingredient Peptide Serum followed by a highly active Sheet Mask to feed the dermis layers.

This is not a once off service a treatment course is recommended.

Spray Tanning

Full Body €30 • Half Body €20 • Re-Spray €20

Nails

Manicure • €55 • Add Shellac Polish €10 extra
This treatment removes dead skin cells from the hands and arms followed by a hand and arm massage. Includes: Cuticle Work, Nail File and Paint.

Pedicure • €65 • Add Shellac Polish €10 extra

Rejuvenate your feet with our relaxing pedicure combining deeply nourishing products to leave your feet soothed and replenished. **Includes:** Foot Bath, Nail File & Shape, Exfoliation, Hard Skin Removal, Cuticle Work, Foot Massage & Polish.

File & Paint • €30 • 20 Mins Hands or Feet

Shellac Nails • Colour €30

Preparation and polish combining the best UV gel polish. Shellac dries instantly and wears for up to two weeks.

Shellac Removal • €10

WAXING Available Monday - Thursday only | 24hr Patch Test required For Him:

For Her: Bikini Line • €25

Lip or Chin Wax • €12 Arm Wax · €20 Half Leg Wax • €30

Extended Bikini Line · €30 Lip & Chin Wax · €20 Under Arm Wax · €20 Eyebrow Wax • €12

Chest Wax · €35 Back Wax • €35

Full Leg Wax · €45 Full Leg Wax including Bikini Line • €55





Létimate PAMPER PACKAGE

Package Includes:

Swedish Back, Neck & Shoulder Massage

Germaine de Capuccini Taster Facial

Hand & Arm Massage

Unwind in the Relaxation Lounge

Use of Swimming Pool & Thermal Facilities

Lunch, a Glass of Wine & Tea or Coffee

Package Price

Monday - Thursday **€115pp**Friday - Sunday & Bank Holidays **€130pp**







AFTERNOON TEA

Spa Pamper Package

For total relaxation, why not make a day of it!

Join us for Afternoon Tea in the charming surroundings of
Bloomfield House Hotel after your Ultimate Pamper Spa Package.

Tuck into the selection of tasty finger cut Gourmet Sandwiches, indulge yourself with delicious Pastries, Cakes and freshly baked
Scones with Jam & Cream before treating yourself to an array of
Homemade Desserts. Enjoy all these tasty treats with freshly

Brewed Tea or Coffee and a glass of Bubbly.

Package Includes:

Swedish Back, Neck & Shoulder Massage

Germaine de Capuccini Taster Facial

Unwind in the Relaxation Lounge

Hand & Arm Massage

Use of Swimming Pool & Thermal Facilities

Afternoon Tea and a Glass of Bubbly

Package Price

Monday - Thursday €130pp Friday - Sunday & Bank Holidays €140pp

Advance Booking Required
Lunch (Main Course) & Afternoon Tea served in main Hotel
Total Treatment Time 50 mins
Offers not available in conjunction with any other Spa Offer
T&C apply

Bloomfield Spa Lough Ennell, Belvedere, Mullingar, Co. Westmeath N91HP8E







